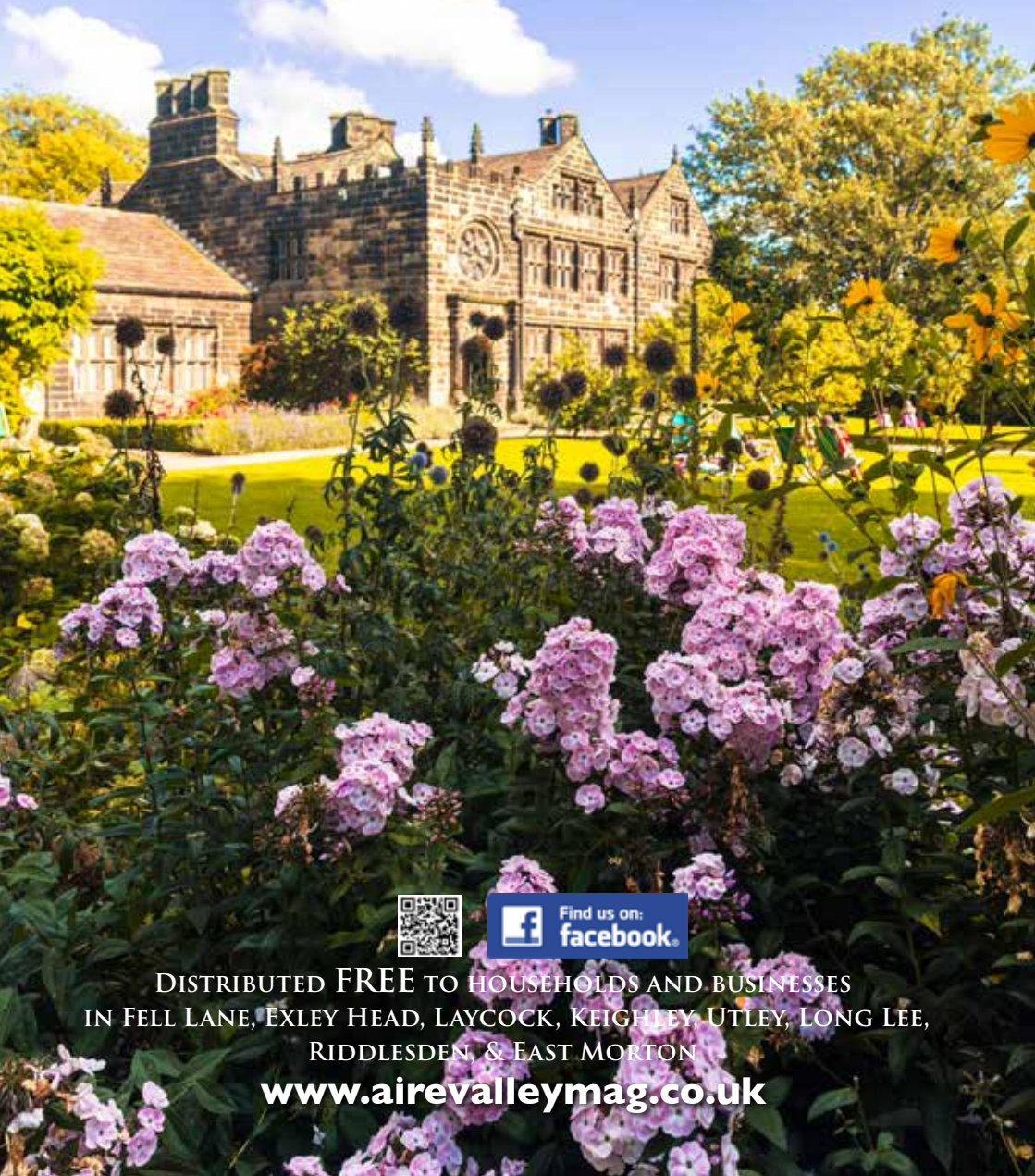


AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

September 2023



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As we bid farewell to summer and embrace the changes of autumn, September arrives in the Aire Valley with its own charm.

In this issue of our community magazine, we celebrate the convergence of harvest and the back-to-school season, signaling a time of preparation for the months ahead - the end of summer holidays and the beginning of a new academic year. Our pages are filled with tradesfolk to help you transition seamlessly, from organizing school routines to revitalizing your home for the cozy season to come: we stack logs, fill the freezer, order new curtains, get the boiler serviced; the list is long but not daunting. We've got this!

Something New: Haworth welcomes the Brontë Free Festival, September 23rd & 24th, a family-friendly weekend including street theatre, family crafts, pop-up artwork and a special visit from the world's first mobile poetry emporium, The Poetry Takeaway.

Enjoy your September.



Liz Barker, Editor

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Chicken Thighs stewed with Bell Peppers by Martin Lingard

This is one of the tastiest but cheap and easy recipes I will ever write! ~ Enjoy

Ingredients

- 1 tablespoon of olive oil
- 1kg chicken thighs (bone in & skin on, not filleted or skinned)
- 6 red bell peppers (orange or yellow will also do but definitely not green ones!)
- Salt & Black pepper

Method

You need a large, preferably wide, shallow and heavy stove top pot with a well fitting lid for this recipe. Put your pot on a medium heat on the stove and pour in your oil.

When warm, chuck in your chicken thighs. Whilst the chicken is starting to cook, de-seed and cut your peppers into rough chunks. Stir and turn the chicken occasionally to prevent it sticking whilst preparing the peppers. Add the peppers, stir occasionally for 5-10 minutes, turn the heat down to low and pop on the lid. Cook for 40 minutes or so until the chicken is cooked and tender. Your pot should have loads of gravy from the peppers. Season well with salt and pepper. I like to serve this with green beans or broccoli and either rice or bread to mop up the gravy. ~ Martin Lingard

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I know the honest truth is
You'd give owt to have another. ~ Martin Bonde



I know what we do on the Railway is very special as we continue our fifty-year history of running heritage trains on the 150+ year-old branch line. However, having the opportunity to help a group of heritage railway volunteers from Ukraine made it even more so. The group of women had left their homes in Kyiv and Lviv to make the arduous journey to the UK, by 'plane and 'bus via Warsaw. Arranged by the New Europe Railway Heritage Trust, a UK-based charity that has organised study tours of Britain and Western Europe since it was established in 1999. The group represented heritage railway organisations in Ukraine, including the Ukrainian Railway Heritage Association ("AZIZU") and the children's railway that operates in Lviv. They had a particular interest in the restoration of historic carriages, so as well as tours of our stations and locomotive works, they spent time with our excellent team of volunteers that restores and maintains our fleet of carriages and also with the Vintages Carriage Trust, at the Railstory site at Ingrow. We also hosted a visit from the Keighley Branch of the Association of Ukrainian in Great Britain. It was particularly emotional and moving as they discussed what they were experiencing back home.

They were especially touched when they saw posters for support for Ukraine in one of the banks in Keighley town centre, as they were struggling to understand the strength of feeling here in the UK for what they are enduring. They have returned safely home but are now dealing with the horror of daily shelling of

nearby houses. Despite that, their resilience, determination and their commitment to carry on – as far as they can – normally and think about their future plans was truly inspiring. They have taken away lots of learning and appreciation for maintaining and restoring historic carriages, and I hope we can continue to work with them in the future.

It was the efforts of our team of over 700 people, mostly volunteers, that the visitors were enjoying and marvelling at what we have achieved since the Preservation Society was founded in 1962. Over 60 years of commitment and enthusiasm have gone into making the Railway what it is today, and even now, we are still developing and enhancing the Railway. We continue to offer our very popular programme of events, including the Beer & Music Festival in October, as well as Santa's visit as he joins us on our Christmas Elf Explorer services on 25/26 November and selected dates in December, and pre-booking for both these events is now open via the website. In addition, we are always looking to the future and to make sure we respond to the expectations and needs of our passengers and volunteers, so we are shortly starting work to open Keighley Water Tower as a visitor centre and then to improve our volunteer accommodation facilities at Haworth, thanks to support from the Keighley Town Deal and Heritage Railway Trust. We are also running trains through the summer holiday period and then revert to operating at weekends, so I hope you will use your Local Residents' Railcard and join us on board soon.

~ **Matt Stroh** Keighley & Worth Valley Railway Chairman

DATES FOR YOUR DIARY

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Gill Lightfoot,
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Who are we?

Our Keighley Denture Expert is Matthew Varley (Dip CDT RCS)

Matthew Varley is the partner and Managing Director of My Denture Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental Institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

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The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

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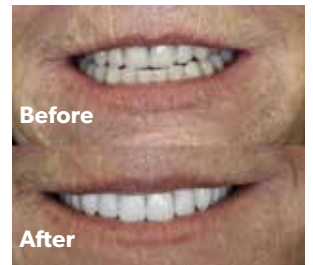


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			3					
1			9	8				7
	5	3	8		4	6		
	6			7				1
		7	6		5	4	8	
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Where is the red X located in the photo to the right?

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COMMUNITY PAGE

 **Every Monday to Friday Dementia Friendly Keighley 10am – 4 pm** Open for drop-in anytime for coffee and chat for people living with dementia and their carers and families. 6 College Walk, Airedale Shopping Centre, Keighley.

Every Tuesday Dementia Friendly Keighley 10am – 12.30 pm Games Morning, for people/carers living with dementia Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every Wednesday Dementia Friendly Keighley 1.30 pm – 3.30 pm Peer Support Coffee Club for people/carers living with dementia Airedale Shopping Centre, Keighley.

Every Thursday Dementia Friendly Keighley 1.30 pm – 3.30 pm Crafty Friends, creative session, Airedale Shopping Centre, Keighley. Call Helen on 01535 602529

Every first Friday of the month Dementia Friendly Keighley 2 pm – 3.30 pm The Singing Teapot, a singing group for people/carers living with dementia, Airedale Shopping Centre, Keighley.

Every second Saturday of a month 10 - 1pm Riddlesden Green Connection Community Cafe St Mary's Meeting Room, Banks Lane BD20 5PA. Eco liquid refills, book swap and cafe every time.

The Shed Cliffe Castle every Tues, Weds & Thurs 10am - 4pm.

Morton WI every second Tuesday evening each month. Social evening with refreshments at the Institute in **East Morton 7:20 pm.**

Every Tuesday 7 - 9pm Men's Peer

Support Group Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

Every Wednesday 10 - 12 Coffee Morning at Laycock Village Hall

Every Weds 1pm - 3pm Knit & Knatter at Keighley Library All Welcome.

Mondays 1 - 3pm Keighley Tea Dance at the Civic Hall

Every Thursday from 1.30pm Time For Me Bereavement Support Group meet at The Three Horses, Fell Lane, Keighley, BD22 6BZ. A mutual support group for those who have lost someone dear, recently or a long time ago.

Further info contact helen.timeforme@gmail.com

Every Thursday 10am - 11.45am Games Cafe at KHL, Scott Street, Keighley. No booking required everyone welcome.

Thursday & Fridays 10.30am to 3 pm The Downstairs Drop-In at The Civic Centre, Keighley. A great place to meet new people, play board games or dabble in arts & crafts.

Keighley 3rd Age Group Meet at Action Point (formerly Temple Row Centre) at 10am. Free Refreshments. September 6th Alan Pugh. Cycle Journey Leeds/Liverpool Canal If anyone would like further details regarding this group please contact the Chairman David Boddy 07976799527 email:d.r.boddy@btinternet.com.

The Bradford Chorale are interested in inviting new singers to come and join a friendly and experienced choir. **Meet at 7.30pm on Tuesday evenings** at Northcliffe Bradford Road Shipley. If you wish to join us please e-mail e.f.bennett @btinternet.com or

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July to 29th Oct Welly Walk at Bolton Abbey Embrace the Outdoors and get ready for a muddy adventure.

July to 28th September Family Cycle Zone at Bolton Abbey A safe area for children to cycle.

June to 5th Nov Changing Shapes of Fashion at Cliffe Castle Museum Keighley. available. Contact Andrea 07979 505 384.

3rd Sunday of a Month is Haworth Artisan Markets, Central Park 10am - 3pm.

4th Sunday in a month is Keighley Artisan Markets, Church Green 10 am - 3pm

Sat 2nd Sept 8am - 5.30pm Keighley & District Agricultural Show at Marley Fields, Aireworth Road, Keighley BD21 4DB

Sun 3rd Sept 10am Long Lee & Thwaites Brow Scarecrow Festival in the Village Hall (located behind Southams). annual Scarecrow Festival. Start at the Village Hall and walk the Scarecrow trail admiring the creations of our residents. Then finish your walk with tea and cake!

Sat 9th Sept 11am - 3pm Andy's Man Club Suicide Awareness Event at the Airedale Shopping Centre, Keighley.

Sun 10th Sept Heritage Open Days East Riddlesden Hall FREE Open Day.

Tues 12th Sept 10am - 2pm World Mental Health Day Event at Airedale Shopping Centre, Keighley

Sat 16th and Sun 17th Sept. 10am – 4pm, 'Celebrate Creativity Unwrapped' at Bingley United Reformed Church, Dryden St, BD16 2LU, as part of Heritage Open Days.

Sat 16th & Sun 17th Sept 10 am - 4pm Free Entry Haworth & Yorkshire Creatives Maker's Markets at The Old School Room, Haworth

Sun 17th Sept Train rides for all the family. Miniature trains running at Marley sports field approx. 1.30 until approx. 1.7:00. Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. Details at www.kdmes.org.uk/trains

Sat 20th Sep 11am - 2pm Specsaver Family Fun Day Event at Airedale Shopping Centre Bouncy Castle, Face Painting etc.

Fri 22nd - Sun 24th Sept Brontë Festival of Women's Writing With a theme inspired by the Brontë Parsonage Museum's 'year of the wild', which examines the Brontës' connection to nature and the landscape, this year's festival promises a rich programme of events celebrating female creativity.,

Sat 23 & Sun 24th Sept Brontë Free Festival Words on the Street Hit the cobbles in Haworth for the Brontë Free Festival: Words on the Street, a weekend of FREE family-friendly fun, including street theatre, family crafts, pop-up artwork.

Sat 23rd Sept KWVR Haworth Haddock serving the best local Fish & Chips while travelling through the Worth Valley behind a steam locomotive.

Sun 24th Sept 10 am - 3pm RSH Artisan Sunday Market Church Green Keighley

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7	4	3	2	6	9	5	8	1
1	6	9	5	7	8	4	2	3
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BEHIND THE SCENES AT THE MUSEUM

'The Wild Hauntings on the Moor: A Dream of Death' is an atmospheric new audio drama set on Penistone Hill, created by Obscura Theatre and co-commissioned by the Brontë Parsonage Museum and Ilkley Literature Festival. The team who created the piece tell us more about the inspiration they found in Haworth: At Obscura Theatre, whenever we embark on a new project in a new place, we always like to begin with a visitation. Before any ideas take hold in our heads, before we put pen to paper we go and have a good old wander of wherever it is we will be inhabiting creatively. Getting out of the car on a chilly morning in West Yorkshire last October was the first time we had been to Haworth. We felt as though we were being dared by Catherine Earnshaw to "brave the ghosts". We are fascinated by local




stories and we have been elated to find that Haworth and the surrounding moors have more than their fair share of tall tales to be uncovered. We spoke with professors and walking groups, bloggers and storytellers, and of course the fantastic folk at the Brontë Parsonage Museum. We even found some period costumes that the Museum lent us for

an impromptu photoshoot. We photographed Beth, our director, striding across the moor as if in search of doomed romance or a sense of belonging (our process is serious business, I assure you). And, once we were suitably in need of sustenance from all our striding, we stopped at Cobbles and Clay for a cuppa and a hearty bowl of 'Pasta Brontë'. We couldn't ask for a better stage and setting for our piece than the vast stretch of beautiful melancholy that is the landscape surrounding Haworth. We hope to transport listeners into the Haworth of the past, encouraging them to walk with ghosts and see the land in a new light.

'The Wild Hauntings on the Moor: A Dream of Death' might be a visitation you won't soon forget... The audio is available to download from the Museum website on a Pay What You Decide basis. You can listen on your own device or borrow a headset from the Museum shop during opening hours (£5 deposit). Scan the QR code or visit

 www.bit.ly/DreamofDeath for more.

 (Open the camera on your phone and point to the QR code (left). When the QR code is activated, click through to the link.)



Brontë Festival of Women's Writing 2023
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Embracing the Digital Phone Transition: Pennine Plus Extends a Supportive Hand

For an extended period, Pennine Plus has stood as a reliable cornerstone of support for the elderly population within our community. The dedication to going above and beyond has consistently steered the organization's mission, and a pivotal milestone in its journey is ready to be shared.

A substantial amount of effort and commitment has been invested in the training of the staff, ensuring that every member is equipped to deliver exceptional assistance. It brings



immense pride to highlight a recent accomplishment of Craig Taylor – his completion of the Dementia Friendly Keighley training, which symbolizes the culmination of the organization's accreditation process. Craig's personal encounters with the challenges faced by families and caregivers of individuals dealing with dementia add authenticity and focus to Pennine Plus's initiatives. Embracing change can often evoke apprehension, yet it simultaneously opens doors to growth. Pennine Plus's unwavering pledge to support individuals spanning various age groups remains resolute. Whether it's serving as a bridge for distant families seeking to aid their loved ones in operating remote controls, be it for pressing a particular button or reinstating Coronation Street – a TV show that



might trigger memories of Violet Carson's portrayal on the Street: *which character did she play?* Pennine Plus is poised to extend assistance, just as it has always!



Looking towards the future, a technological shift looms on the horizon. In the span of approximately 18 months, the analog telephone system will be replaced by digital phones empowered by VoIP (voice over internet protocol) technology. This progression entails that conversations will traverse the vast expanse of the internet, heralding a fresh epoch of communication. While this transition may seamlessly integrate into the routines of many, Pennine Plus acknowledges that certain individuals may find it slightly challenging. Leveraging the wealth of experience gained through collaboration with Boundless (now Quickline), the organization finds itself uniquely positioned to provide the necessary support during these transformative times.

Rest assured, Pennine Plus is dedicated to guiding, supporting, and assisting residents. Whether navigating uncertainty regarding the impending changes or simply wishing to partake in a meaningful discussion, an open invitation is extended to connect. Thoughts, queries, and concerns from the community hold the utmost significance to Pennine Plus.

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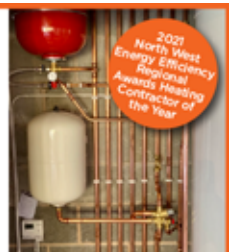
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